

University of Indianapolis – *College of Health Sciences*
2025-2026 Curriculum Guide for Public Health (PBHL)
 Minor

Required Courses (9 hours):

- **KINS 260** Intro. to Community Health in Diverse Communities (3)
(Meets Global Awareness for General Education)
- **KINS 236** Theory of Health Behavior (3) [Prerequisites: KINS 260]
- **KINS 313** Environmental Health (3) [BIOL 203 OR BIOL 103 and BIOL 104]

Required Skills Courses: Select two (2) courses from the following (min. 6 hours):

- **KINS 204** Introduction to Research Methods and Biostatistics (3)
[Prerequisites: Math 108 or higher]
- **KINS 330** Methods in Public Health Education (3) [Prerequisites: KINS 260 & KINS 236]
- **KINS 331** Wellness Coaching (3) [Prerequisites: KINS 190 AND KINS 236 or KINS 280]
- **KINS 440** Epidemiology (3) [Prerequisites: KINS 204 OR KINS 400 OR MATH 220/245]
- **KINS 450** Health Disparities (3) [Prerequisites: KINS 260]
- **KINS 452** Health Policy and Advocacy (3) [Prerequisites: KINS 260]

Topic Area Course(s): Complete a minimum of 3 credit hours from the following:

- **KINS 245** Principles and Practices of Exercise Science (4)
- **KINS 249** Basic Sport/Community Nutrition (2)
- **KINS 266** Sexuality & Human Health (3)
- **KINS 420** Drugs in Society (3)
- **PSY 245** Lifespan Development (3)
- **PSY 210** Health Psychology (3)
- **GERO 301** Interdisciplinary Perspectives in Aging (3)
- **GERO 305** Physical Dimensions of Aging (3)
- **GERO 310** Aging in Society (3)
- **GERO 320** Psychology of Aging (3)
- **NURB 334** Lifespan I: Childbearing (2) **and NURB 352** Lifespan II: Child & Family (2)

NOTES

- Public Health minor requires a minimum of 18 credit hours.
- A grade of C (2.0 on a 4.0 scale) or higher is required in all courses applying toward the PHEP Major.

REMEMBER

If you have any questions about the Public Health minor requirements, contact your academic advisor. Courses and requirements sometimes change so keep in contact with your advisor.