

University of Indianapolis – *College of Health Sciences*

2025-2026 Curriculum Guide for Public Health Education and Promotion (PHEP) to Master of Public Health (MPH) 4+1

Bachelor of Science

NOTE: Some courses at UIndy may have prerequisites that are not required by the Gen Ed Core or the major. Please consult the Academic Catalog regularly for prerequisite information. Consult the general education core curriculum guide when choosing core classes.

Year I Semester I (16 hours)

- **INTD 101** New Student Experience (1)*
- **HIST 102** World History since 1700 or other general education history course (3)*
- **KINS 265** Current Topics in Public Health Content I (2)#
- **ENGL 101** English Composition (3)*
- **FYS ELEC** Select a First Year Seminar (may meet another General Ed Requirement) (3)*

Year I Semester II (16-17 hours)

- **KINS 190** Intro. to Kinesiology, Health, and Sport Sciences (2) #
- **BIOL 203** Biology's Impact on Humans (4) #* **OR BIOL 103 AND BIOL 104**
- **KINS 260** Intro. to Community Health in Diverse Communities (3) (Meets Global Awareness & Experiencing Cultural Differences for General Ed) *#
- **KINS 275** Current Topics in Public Health Content II (2) #
- **FA ELEC** Arts (2) *
- **ENGL 102** Literature or other Literature course (3) *

Year II Semester I (14 hours)

- **KINS 236** Theory of Health Behavior (3) [Prerequisites: KINS 260] #
- **MATH ELEC** 150 or above preferred (3-4) *
- **ELEC ELEC** Directed Elective from List (3) #
- **ELEC ELEC** Elective (5)

NOTE: All PHEP majors must pass KINS 260, KINS 236, and BIOL 203 (or BIOL 104 or CHEM 150) with a grade of C or better to move forward into 300-level and above public health courses.

Year II Semester II (15 hours)

- **KINS 204** Introduction to Research Methods and Biostatistics (3) [Prerequisites: MATH 108 or above] #
- **KINS 330** Methods in Public Health Education (3) [Prerequisites: KINS 260 & KINS 236] #
- **KINS 331** Wellness Coaching (3) [Prerequisites: KINS 190 AND KINS 236 or KINS 280] #
- **Gen Ed ELEC** Social Science (3) *
- **Gen Ed ELEC** Philosophy/Ethics (3) *

*=UIndy core; # = Public Health Major

Year III Semester I (17.5 hours)

- **KINS 101/104** Wellness & Fitness for a Lifetime (1) *
- **KINS 305** Grant Writing (3) [Prerequisites: KINS 260]*#
- **KINS 313** Introduction to Environmental Health (3) [Prerequisites: BIOL 203 OR BIOL 103 and BIOL 104] #
- **KINS 445** Skill Applications in Diverse Public Health Settings (3)
[Prerequisites: KINS 236, KINS 330] #
- **COMM ELEC** Communication Course meeting Gen Ed Requirement (3) *
- **INTD 201** L/P Credit (.5) *
- **ELEC ELEC** Elective (4)

Year III Semester II (15.5 hours)

- **KINS 400** Assessment & Research in Health and Physical Activity (3)
[Prerequisites: KINS 204 OR Instructor Permission] #
- **INTD 202** L/P Credit (.5) *
- **REL ELEC** Religion Requirement (3) *
- **ELEC ELEC** Elective (9)

Year IV Semester I (12 hours)

Fall (10 MPH hours) - Must be at 12 hours total (take 2.0 hours of directed electives related to the undergraduate major) Total of 2.0 undergrad hours

- **MPH 510** Epidemiology (3) counts for KINS 440
- **MPH 535** Program Planning (3)
[Counts for KINS 465 and meets undergraduate capstone]
- **MPH 590** Health Disparities & Inequalities in the US (3) counts for KINS 450
- **ELEC ELEC** Directed elective from PHEP pattern sheet (2)

Year IV Semester II (12 hours)

Spring (9 MPH hours, 1 KINS hour) - Must be at 12 hours total (take 2.0 hours of directed electives related to the major) Total of 3 undergrad hours

- **MPH 550** Health Policy and Advocacy (MPH skills elective) (3) counts for KINS 452
- **MPH 505** Biostatistics for Public Health Professionals (3)
- **MPH 515** Environmental Health (3) (count for KINS directed elective)
- **KINS 486** Directed Readings in Public Health (1)
- **ELEC ELEC** Directed elective from PHEP pattern sheet (2)

Year IV Summer MPH (6 hours)

Classified as undergraduate, but pay MPH

- **MPH 565** Professional experience prep (1)
- **MPH 575** Global patterns (3) (partially fulfills KINS 495 requirement)
- **MPH 520** Health Systems Management (3) (partially fulfills KINS 495 requirement)
- **MPH ELEC** Disparities elective (3)

NOTE: To here, there are 106 - 108 undergraduate hours in the program, not including any internship hours.

Year V (All MPH)**Fall (9 MPH hours)**

- **MPH 525** Social and Behavioral (3)
- **MPH 530** Cultural Competency (3)
- **MPH ELEC** Disparities elective (3)

Spring (5 MPH)

- MPH 570 App & Practice of Public Health (2)
- MPH 571 Culminating experience (3)

NOTE: As outlined here, this would be a minimum of 153 hours total.

Undergraduate Directed Electives (Select from the following list):

- KINS 266 Sexuality & Human Health (3)
- KINS 245 Principles and Practices of Exercise Science (4)
- KINS 249 Basic Sport/Community Nutrition (2)
- KINS 268 Stress Management & Human Health (3)
- KINS 420 Drugs & Social Involvement (3)
- KINS 480 Special Topics in Health and Physical Education (1-3)
- PSY 220 Child and Adolescent Development (3)
- PSY 245 Lifespan Development (3)
- PSY 360 Adult and Development and Aging (3)
- ANTH 335 Global Health (3)
- GERO 301 Interdisciplinary Perspectives in Aging (3)
- ENGL 489 Writing/Editing for Nonprofits (3)
- SOC 235 Environmental Sociology (3)
- SOC 220 Race and Ethnic Relations (3)
- SOC 250 Gender Issues in Law and Society (3)
- SOC 315 Cities and Communities (3)

NOTES

- Public Health Education and Promotion is a 60-hour major.
- A grade of C (2.0 on a 4.0 scale) or higher is required in all courses applying toward the Public Health Education & Promotion Major.
- The Bachelor of Science degree requires a minimum of 120 hours.
- See the General Education Core Guide for additional course requirements.
- A student may complete more than one major as long as each major has at least 24 discrete hours. Please see the Academic Catalog for additional details.
- Students on this track are encouraged to communicate regularly with financial aid, as an early graduation can impact eligibility for aide during year 1 of graduate school.

REMEMBER

If you have any questions about the Public Health Education & Promotion Major requirements, contact your academic advisor. Courses and requirements sometimes change so keep in contact with your advisor.