

University of Indianapolis – *College of Health Sciences***2024-2025 Curriculum Guide for Public Health Education & Promotion (PHEP) Pre-Physical Therapy (PPT) Conc. Bachelor of Science 3-Year Plan**

Students majoring in Public Health and planning to apply for early admission to the graduate Physical Therapy program must complete the requirements for the Public Health major, the General Education Core requirements and the Pre-Physical Therapy requirements during the first three years of study. Completion of these sets of requirements will take careful planning; therefore, you should consult with your academic advisor on a regular basis. The following is a *suggested* three-year plan.

NOTES:

- Some courses at UIndy may have prerequisites that are not required by the Gen Ed Core, the major or the PT program prerequisites. Please consult the Academic Catalog regularly for prerequisite information.
- For program prerequisites, the PT program does not accept grades below a 'C'. The UIndy Doctor of Physical Therapy Program accepts Advanced Placement (AP) coursework to meet prerequisite requirements if they were approved by UIndy and appear on the official transcript. Courses taken on a pass-fail basis or any non-credit courses (except AP) will not count toward the prerequisite GPA.
- Pre-physical therapy students are encouraged to communicate with the financial aid office directly as they plan the completion of their undergraduate degree and the start of occupational therapy graduate coursework.
- Consult the general education core curriculum guide when choosing core classes.

Year I Semester I (17.5 hours)

- **INTD 101** New Student Experience (1) *
- **MATH 180** College Algebra and Trigonometry (4) *
- **KINS 265** Current Topics in Public Health Content I (2) #
- **ENGL 101** English Composition (3) *
- **FYS ELEC** Select a First Year Seminar (may meet another Gen Ed Requirement) (3)
- Take a social science course (ANTH, PSY, SOC) *^
- **COMM 100** Public Speaking (3) *^
- **KINS 101** Wellness/Fitness for a Lifetime (1) *
- **INTD 201** L/P Credit (.5) *
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Year I Semester II (18 hours)

- **KINS 190** Intro. to Kinesiology, Health, and Sport Sciences (2) #
- **KINS 260** Intro. to Community Health in Diverse Communities (3)
(Meets Global Awareness for General Education) *#
- **KINS 275** Current Topics in Public Health Content II (2) #
- **BIOL 203** Biology's Impact on Humans (4) #*
- **ENGL 102** Literature or other Literature course (3) *
- **CHEM 150/151** General Chemistry I (3) & Lab (1) *^

Year I Summer (8 hours)

- **HIST ELEC** History (3) *
- **Gen Ed ELEC** Philosophy/Ethics (3) *
- **ARTS ELEC** Arts Elective (2) *

NOTE: All PHEP majors must pass KINS 260, KINS 236, and BIOL 203 (or BIOL 104 or CHEM 150) with a grade of C or better to move forward into 300-level and above public health courses.

*=UIndy core; # = Public Health Major.; ^ = Physical Therapy Prerequisite

Year II Semester I (17 hours)

- **KINS 236** Theory of Health Behavior (3) [Prerequisites: KINS 260] #
- **CHEM 160/161** General Chemistry I (3) & Lab (1) ^
- **HSCI 120** Medical Terminology for Rehab Professions (2) ^
- **ELEC ELEC** Directed Elective from List (Take ANTH, SOC, or PSY) (3) #^
- **BIOL 165** Intro to Cell Biology (4) ^

Year II Semester II (18 hours)

- **KINS 204** Introduction to Research Methods and Biostatistics (3)
[Prerequisites: MATH 108 or above] #^
- **KINS 330** Methods in Public Health Education (3) [Prerequisites: KINS 260 & KINS 236] #
- **KINS 331** Wellness Coaching (3) [Prerequisites: KINS 190 & KINS 236 or KINS 280] #
- **KINS 400** Assessment & Research in Health and Physical Activity (3)
[Prerequisites: KINS 204 OR Instructor Permission] #
- **KINS 450** Health Disparities (3) [Prerequisites: KINS 260] #
- **KINS 452** Health Policy and Advocacy (3) [Prerequisites: KINS 260] #

Year II Summer (8 Hours)

- **BIOL 305** Human Functional Anatomy (4) (Fulfills BIOL 104 Requirement) ^#
- **PHYS 150** General Physics I (4) ^

Year III Semester I (18 hours)

- **KINS 305** Grant Writing (3) [Prerequisites: KINS 260]
(Meets W/S requirement for general education) *#
- **KINS 313** Introduction to Environmental Health (3)
[Prerequisites: BIOL 203 OR BIOL 103 and BIOL 104] #
- **KINS 440** Epidemiology (3)
[Prerequisites: KINS 204 OR KINS 400 OR MATH 220/245] #
- **KINS 445** Skill Applications in Diverse Pub Health Settings (3)
[Prerequisites: KINS 236, KINS 330] #
- **KINS 465** Planning, Implementation, Evaluation in Public Health (3)
[Prerequisites: KINS 236, KINS 330 & KINS 400] (meets Experiencing Cultural Differences for General Education) *#
- **REL ELEC** Religion Requirement (3) *

Year III Semester II (15.5 hours)

- **PHYS 160** General Physics II (4) ^
- **BIOL 330** Mammalian Physiology (4) (Fulfills BIOL 104 Requirement) ^#
- **KINS 486** Directed Readings in Public Health (1) #
- **KINS 495** Field Experience in Public Health Ed. & Prom. (6) Senior Status
[Prerequisites: All major courses] (meets Capstone for General Education) #
- **INTD 202** L/P Credit (.5) *

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Directed Electives (Select from the following list):

- **KINS 266** Sexuality & Human Health (3)
- **KINS 245** Principles and Practices of Exercise Science (4)
- **KINS 249** Basic Sport/Community Nutrition (2)
- **KINS 268** Stress Management & Human Health (3)

- **KINS 420** Drugs & Social Involvement (3)
- **KINS 480** Special Topics in Health and Physical Education (1-3)
- **PSY 220** Child and Adolescent Development (3)
- **PSY 245** Lifespan Development (3)
- **PSY 360** Adult and Development and Aging (3)
- **ANTH 335** Global Health (3)
- **GERO 301** Interdisciplinary Perspectives in Aging (3)
- **ENGL 489** Writing/Editing for Nonprofits (3)
- **SOC 235** Environmental Sociology (3)
- **SOC 220** Race and Ethnic Relations (3)
- **SOC 250** Gender Issues in Law and Society (3)
- **SOC 315** Cities and Communities (3)

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NOTES:

- This accelerated guide assumes students have met the modern language requirement through high school studies. It also is beneficial if students transfer in multiple hours from dual-credit or advanced placement courses.
- Public Health Education and Promotion is a 59-hour major.
- A grade of C (2.0 on a 4.0 scale) or higher is required in all courses applying toward the Public Health Education & Promotion Major.
- The Bachelor of Science degree requires a minimum of 120 hours.
- See the General Education Core Guide for additional course requirements.
- Students on this track are encouraged to communicate regularly with financial aid, as an early graduation can impact eligibility for aid during year 1 of graduate school.

REMEMBER

If you have any questions about the Public Health Education & Promotion Major requirements, contact your academic advisor. Courses and requirements sometimes change so keep in contact with your advisor.