

University of Indianapolis – *College of Health Sciences***2025-2026 Curriculum Guide for Public Health Education and Promotion (PHEP) Pre-Athletic Training (PATG) Bachelor of Science**

Students majoring in Public Health and planning to apply for the graduate Athletic Training program must complete the requirements for the Public Health major, the General Education Core requirements and the Pre-Athletic Training requirements during their four years of study. Completion of these sets of requirements will take careful planning; therefore, you should consult with your academic advisor on a regular basis. The following is a *suggested* four-year plan.

NOTES

- Some courses at UIndy may have prerequisites that are not required by the Gen Ed Core, the major or the ATRG program prerequisites. Please consult the Academic Catalog regularly for prerequisite information.
- For program prerequisites, the ATRG program does not accept Advanced Placement (AP) credits for prerequisite work. If you have AP credits, please check with your academic advisor prior to registration.
- Consult the general education core curriculum guide when choosing core classes.

Year I Semester I (15 hours)

- **INTD 101** New Student Experience (1) *
- **MATH ELEC** MATH 150 or Above (4) *^
- **KINS 265** Current Topics in Public Health Content I (2) #
- **ENGL 101** Intro to College Writing (3) *
- **FYS ELEC** Select a First Year Seminar (3) (may meet another General Education Req.)
Take a social science course (ANTH, PSY, SOC) *
- **ARTS ELEC** Arts (2) *

Year I Semester II (17 hours)

- **KINS 190** Intro. to Kinesiology, Health, and Sport Sciences (2) #
- **BIOL 203** Biology's Impact on Humans (4) #*
- **KINS 260** Intro. to Community Health in Diverse Communities (3)
(Meets Global Awareness & Experiencing Cultural Differences for Gen Educ) **
- **KINS 275** Current Topics in Public Health Content II (2) #
- **CHEM 103** Intro to General Chemistry I (3) OR CHEM 150/151^
- **GenEd ELEC** Philosophy/Ethics (3) *

Year II Semester I (15 hours)

- **KINS 236** Theory of Health Behavior (3) [Prerequisites: KINS 260] #
- **ENGL 102** Literature or other Literature course (3) *
- **HIST ELEC** World History since 1700 or other History course (3) *
- **BIOL 103** Principles of Human Anatomy (4) ^
- **KINS 249** Basic Sport and Community Nutrition (2) ^ OR KINS 251

NOTE: All PHEP majors must pass KINS 260, KINS 236, and BIOL 203 with a grade of C or better to move forward into 300-level and above public health courses.

Year II Semester II (16 hours)

- **KINS 330** Methods in Public Health Education (3) [Prerequisites: KINS 260 & KINS 236] #
- **KINS 331** Wellness Coaching (3) [Prerequisites: KINS 190 AND KINS 236 or KINS 280] #
- **KINS 204** Intro to Research Methods and Biostatistics (3) [Prerequisites: MATH 108 or above] #^
- **BIOL 104** Principles of Human Physiology (4) ^
- **ELEC ELEC** Directed Elective from List (Take PSY option) (3) #^

*=UIndy core; # = Public Health Major; ^ = Athletic Training Prerequisite

Year III Semester I (16.5 hours)

- **KINS 305** Grant Writing (3) [Prerequisites: KINS 260] *#
- **KINS 313** Introduction to Environmental Health (3)
[Prerequisites: BIOL 203 OR BIOL 103 and BIOL 104] #
- **KINS 445** Skill Applications in Diverse Pub Health Settings (3)
[Prerequisites: KINS 236, KINS 330] #
- **INTD 201** L/P Credit (.5) *
- **PHYS 150** General Physics I (4) ^
- **REL ELEC** Religion Requirement (3) *

Year III Semester II (14.5 hours)

- **KINS 101/104** Honors Wellness/Fitness for a Lifetime (1) *
- **KINS 400** Assessment & Research in Health and Physical Activity (3)
[Prerequisites: KINS 204 OR Instructor Permission] #
- **KINS 452** Health Policy and Advocacy (3) [Prerequisites: KINS 260] #
- **KINS 245** Introduction to Exercise Physiology and Performance (4)
[Prerequisites: BIOL 103 AND BIOL 104] #^ **OR** KINS 350
- **INTD 202** L/P Credit (.5) *
- **COMM 100** Public Speaking (3) * **OR** COMM Elective

Year IV Semester I (15 hours)

- **KINS 440** Epidemiology (3) [Prerequisites: KINS 204 OR KINS 400 OR MATH 220/245] #
- **KINS 465** Planning, Implementation, Evaluation in Public Health (3)
[Prerequisites: KINS 236, KINS 330 & KINS 400] (meets Global Awareness & Experiencing Cultural Differences for General Education) *#
- **KINS 450** Health Disparities (3) [Prerequisites: KINS 260] #
- **ELEC ELEC** Elective Hours (6)

Year IV Semester II (13 hours)

- **KINS 486** Directed Readings in Public Health (1) #
- **KINS 410** Biomechanics (4)
[Prerequisites: BIOL 103 AND BIOL 104 AND KINS 245 AND PHYS 150] *#^
- **KINS 495** Field Experience in Public Health Ed. & Prom. (6) Senior Status
[Prerequisites: All major courses] (meets Capstone for General Education) *#
- **ELEC ELEC** Elective Hours (2)

*=UIndy core; # = Public Health Major.; ^ = Athletic Training Prerequisite

Directed Electives (Select from the following list)

- **KINS 266** Sexuality & Human Health (3)
- **KINS 245** Principles and Practices of Exercise Science (4)
- **KINS 249** Basic Sport/Community Nutrition (2)
- **KINS 268** Stress Management & Human Health (3)
- **KINS 420** Drugs & Social Involvement (3)
- **KINS 480** Special Topics in Health and Physical Education (1-3)
- **PSY 220** Child and Adolescent Development (3)
- **PSY 245** Lifespan Development (3)
- **PSY 360** Adult and Development and Aging (3)
- **ANTH 335** Global Health (3)
- **GERO 301** Interdisciplinary Perspectives in Aging (3)
- **ENGL 489** Writing/Editing for Nonprofits (3)
- **SOC 235** Environmental Sociology (3)
- **SOC 220** Race and Ethnic Relations (3)

- **SOC 250** Gender Issues in Law and Society (3)
- **SOC 315** Cities and Communities (3)

NOTES

- Public Health Education and Promotion is a 59- hour major.
- A grade of C (2.0 on a 4.0 scale) or higher is required in all courses applying toward the Public Health Education & Promotion Major.
- The Bachelor of Science degree requires a minimum of 120 hours.
- See the General Education Core Guide for additional course requirements.
- A student may complete more than one major as long as each major has at least 24 discrete hours.
- Please see the Academic Catalog for additional details.

REMEMBER

If you have any questions about the Public Health Education & Promotion Major requirements, contact your academic advisor. Courses and requirements sometimes change so keep in contact with your advisor.