

University of Indianapolis – *College of Health Sciences*

**2025-2026 Curriculum Guide for Public Health Education & Promotion (PHEP) Pre-Athletic Training (PATG) 3 Year Bachelor of Science in 3 Years**

Students majoring in Public Health and planning to apply for the graduate Athletic Training program must complete the requirements for the Public Health major, the General Education Core requirements and the Pre-Athletic Training requirements during their four years of study. Completion of these sets of requirements will take careful planning; therefore, you should consult with your academic advisor on a regular basis. The following is a *suggested* four-year plan.

**NOTES**

- Some courses at UIIndy may have prerequisites that are not required by the Gen Ed Core, the major or the ATRG program prerequisites. Please consult the Academic Catalog regularly for prerequisite information.
- For program prerequisites, the ATRG program does not accept Advanced Placement (AP) credits for prerequisite work. If you have AP credits, please check with your academic advisor prior to registration.
- Pre-occupational therapy students are encouraged to communicate with the financial aid office directly as they plan the completion of their undergraduate degree and the start of occupational therapy graduate coursework.
- Consult the general education core curriculum guide when choosing core classes.

**Year I Semester I (17 hours)**

- **INTD 101** New Student Experience (1)
- **MATH ELEC** MATH 150 or above (4)
- **KINS 265** Current Topics in Public Health Content I (2)
- **ENGL 101** Intro to College Writing (3)
- **BIOL 103** Principles of Human Anatomy (4) ^
- **FYS ELEC** Select a First Year Seminar (may meet another General Ed Requirement) (3)

**Year I Semester II (18 hours)**

- **KINS 190** Intro. to Kinesiology, Health, and Sport Sciences (2)
- **KINS 275** Current Topics in Public Health Content II (2)
- **BIOL 203** Biology's Impact on Humans (4)
- **KINS 260** Intro. to Community Health in Diverse Communities (3)  
(Meets Global Awareness for General Education)
- **KINS 204** Introduction to Research Methods and Biostatistics (3) ^  
[Prerequisites: Math 108 or above]
- **BIOL 104** Principles of Human Physiology (4) ^

**Summer (11 hours)**

- **Gen Ed ELEC** Social Science (3)
- **ARTS ELEC** Arts (2)
- **COMM ELEC** General Education Communication course (3)
- **ENGL 102** Literature or other general education literature course (3)

**NOTE:** All PHEP majors must pass KINS 260, KINS 236, and BIOL 203 (or BIOL 104 or CHEM 150) with a grade of C or better to move forward into 300-level and above public health courses.

**Year II Semester I (17.5 hours)**

- **KINS 236** Theory of Health Behavior (3) [Prerequisites: KINS 260]
- **KINS 249** Basic Sport and Community Nutrition (2) ^ OR KINS 251
- **CHEM 103** Intro to General Chemistry I (3) OR CHEM 150/151 (4) ^
- **KINS 245** Introduction to Exercise Physiology and Performance (4)  
[Prerequisites: BIOL 103 AND BIOL 104] #^ OR KINS 350
- **ELEC ELEC** **Directed** Elective from List (Take PSY option) ^ (3)
- **KINS 101/104** Honors Wellness/Fitness for a Lifetime (1)
- **INTD 201** L/P Credit (.5)

**Year II Semester II (16 hours)**

- **KINS 330** Methods in Public Health Education (3) [Prerequisites: KINS 260 & KINS 236]
- **KINS 331** Wellness Coaching (3) [Prerequisites: KINS 190 AND KINS 236 or KINS 280]
- **KINS 400** Assessment & Research in Health and Physical Activity (3)  
[Prerequisites: KINS 204 OR Instructor Permission] ^
- **KINS 452** Health Policy and Advocacy (3) [Prerequisites: KINS 260]
- **PHYS 150** General Physics I (4) ^

**Summer (6 hours)**

- **Gen Ed ELEC** Philosophy/Ethics (3)
- **REL ELEC** Religion Requirement (3)

**Year III Semester I (18 hours)**

- **KINS 305** Grant Writing (3) [Prerequisites: KINS 260] (meets W/S requirement for general education)
- **KINS 313** Environmental Health (3) [Prerequisites: BIOL 203 OR BIOL 103 AND BIOL 104]
- **KINS 440** Epidemiology (3) [Prerequisites: KINS 204 OR KINS 400 OR MATH 220/245]
- **KINS 445** Skill Applications in Diverse Pub Health Settings (3) [Prerequisites: KINS 236, KINS 330]
- **KINS 465** Planning, Implementation, Evaluation in Public Health (3)  
[Prerequisites: KINS 236, KINS 330 & KINS 400] (meets Global/Local  
Experiential for General Education)
- **KINS 450** Health Disparities (3) [Prerequisites: KINS 260]

**Year III Semester II (18.5 hours)**

- **KINS 486** Directed Readings in Public Health (1)
- **KINS 495** Field Experience in Public Health Ed. & Prom. (6) Senior Status  
[Prerequisites: All major courses] (meets Capstone for General Education)
- **KINS 410** Biomechanics (4)  
[Prerequisites: BIOL 103 AND BIOL 104 AND KINS 245 AND PHYS 150] \*#^
- **HIST ELEC** General Education History Course (3)
- **INTD 202** L/P Credit (.5)
- **ELEC ELEC** Elective Hours (4)

**Directed Electives (Select from the following list)**

- **KINS 266** Sexuality & Human Health (3)
- **KINS 245** Principles and Practices of Exercise Science (4)
- **KINS 249** Basic Sport/Community Nutrition (2) ^
- **KINS 268** Stress Management & Human Health (3)
- **KINS 365** Worksite Health Promotion (3)
- **KINS 425** Research in Kinesiology, Health, and Sport (1-3)
- **KINS 480** Special Topics in Health and Physical Education (1-3)
- **PSY 245** Lifespan Development (3)
- **PSY 360** Adult and Development and Aging (3)
- **ANTH 335** Global Health (3)

- **GERO** **301** Interdisciplinary Perspectives in Aging (3)
- **ENGL** **489** Writing/Editing for Nonprofits (3)
- **SOC** **235** Environmental Sociology (3)
- **SOC** **220** Race and Ethnic Relations (3)
- **SOC** **250** Gender Issues in Law and Society (3)
- **SOC** **315** Cities and Communities (3)
- **HON** **490** Honors Project (Variable 1-5)

#### **NOTES**

- Public Health Education and Promotion is a 59-hour major
- A grade of C (2.0 on a 4.0 scale) or higher is required in all courses applying toward the PHEP Major
- The Bachelor of Science degree requires a minimum of 120 hours
- See the General Education Core Guide for additional course requirements

#### **REMEMBER**

If you have any questions about the Public Health Education & Promotion Major requirements, contact your academic advisor. Courses and requirements sometimes change so keep in contact with your advisor.