

University of Indianapolis – *College of Health Sciences*
2026-2027 Curriculum Guide for Public Health (PUBL)
Bachelor of Science

Year I Semester I (9 hours)

- **KINS 236** Theory of Health Behavior (3)
- **KINS 260** Intro to Health in Diverse Communities (3)
(Meets Global Awareness for General Education)
- **KINS 265** Social Determinants of Health (3)

Year I Semester II (10 hours)

- **KINS 204** Intro to Research Methods & Biostatistics (3) [Prereq of MATH 108 or higher]
- **BIOL 203** Biology's Impact on Humans (4) **OR**
BIOL 103 and BIOL 104 (BIOL 104 meets general education Natural Science)
- **KINS 390** Health Communications & Social Marketing (3) [Prereqs: KINS 236 and KINS 265, or Instructor Permission]

NOTE: All Public Health majors must pass KINS 236, KINS 260 and BIOL 203 (or BIOL 104 or CHEM 150) with a grade of C or better to move forward into courses listed below (excluded directed electives).

Year II Semester I (9 hours)

- **KINS 440** Epidemiology (3) [Prerequisites: KINS 260 and KINS 204]
- **KINS 313** Intro to Environmental Health (3) [BIOL 203 OR BIOL 103 and BIOL 104]
- **KINS 452** Intro to Public Health Policy and Health Systems Management (3) [Prerequisites: KINS 260]

Year II Semester II (6 hours)

- **KINS 445** Professional Development in Public Health (3) [Prerequisites: KINS 440, KINS 390]
- **KINS 465** Health Program Planning, Implementation, and Evaluation (3)
[Prerequisites: KINS 204, KINS 236, KINS 390 & KINS 440]

Year III Semester I (6 hours)

- **KINS 400** Assessment of Activity and Health (3) [Prerequisites: KINS 2445, KINS 465]
- **ELEC ELEC** Directed Elective (3) (Select one from list below)

Year III Semester II (6 hours)

- **KINS 495** Public Health Internship (6) Senior Status [Prerequisites: All major courses]

Directed Electives (Select from the following list)

- **KINS 266** Sexuality & Human Health (3)
- **KINS 245** Principles and Practices of Exercise Science (4)
- **KINS 268** Stress Management & Human Health (3)
- **KINS 331** Health and Wellness Coaching (3)
- **KINS 420** Drugs in Society (3)
- **KINS 425** Research in Kinesiology, Health, and Sport (1-3)
- **KINS 480** Special Topics in Health and Physical Education (1-3)
- **PSY 245** Lifespan Development (3)
- **GERO 301** Interdisciplinary Perspectives in Aging (3)
- **GERO 305** Physical Dimensions of Aging (3)
- **GERO 310** Aging in Society & Community (3)

- **GERO 320** Psychology of Aging (3)
- **ENGL 489** Writing/Editing for Nonprofits (3)
- **SOC 220** Race and Ethnic Relations (3)
- **SOC 315** Cities and Communities (3)
- **HON 490** Honors Project (Variable 1-5)

NOTES

- Public Health is a 46-hour major.
- A grade of C (2.0 on a 4.0 scale) or higher is required in all courses applying toward the PUBL Major.
- The Bachelor of Science degree requires a minimum of 120 hours.
- See the General Education Core Guide for additional course requirements.

REMEMBER

If you have any questions about the Public Health Major requirements, contact your academic advisor. Courses and requirements sometimes change so keep in contact with your advisor.